

The New Zealand Journal of

NATURAL MEDICINE

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Pet and Human Cancers: The Vaccine Connection



Colloidal Silver: Effective Treatment for Cancer?

How to Treat Depression Naturally

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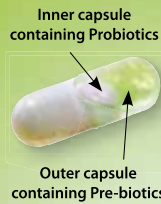
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Introduction



Long, long ago, the “War on Cancer” was revealed to anyone who was paying attention – as a complete and total fraud.

The “war” never happened; in fact, it was never meant to happen.

What was meant to happen, and did, was the establishment of a perpetual multi-billion dollar drain on the resources of the people who were duped year in and year out to believe that the “cure” for cancer was just around the proverbial corner, if only we give more money to “the cause” via the nice ladies selling fake daffodils on the street.

Totally fraudulent campaigns were launched to convince the people that if they “slip, slop, slap” some more sunscreen on themselves and their children, they will be “doing something” to prevent cancer.

Never once do cancer societies talk about the cancer-causing properties of pesticides in our food, the dangers of fluoride in our water supplies, or the benefits of sunshine and Vitamin D, studies of which have shown for many years that it can help prevent cancer in the first place. Never to my knowledge do the cancer societies talk about the very clear and obvious need to protect ourselves from ionising radiation – including medical diagnostics like mammograms and CT scans – even though ionising radiation is one of the few things that is generally acknowledged by the medical profession to be a cause of cancer.

And never once have I been aware that the cancer societies talk about how we can protect ourselves from the effects of ionising radiation.

Why is that?

Perhaps it has something to do with corporate influence? Perhaps, indeed.

The American Cancer Society, the granddaddy of them all, has been from the outset supported by some of the most nefarious polluters in the US. One trenchant critic pointed out that:

Can Blood Tests Detect Cancer? Vitamin D Tests Can

Dr. Garland suggests that by simply raising Vitamin D in the blood, we could potentially prevent over 75% of breast cancer and colon cancer deaths annually. Source: <http://naturalsociety.com/can-blood-tests-detect-cancer-vitamin-d-tests/#ixzzlyz0YqNJ1>

“The ACS has long-standing conflicts of interest with a wide range of industries that manufacture chemotherapy drugs, agrichemicals and radiation therapy equipment. In fact, ACS spokesman Dr. Michael Thun admits the society’s corporate connections.

“The American Cancer Society views relationships with corporations as a source of revenue for cancer prevention,” said Dr. Thun. “That can be construed as an inherent conflict of interest, or it can be construed as a pragmatic way to get funding to support cancer control.”

Or it can be construed as what it is: undermining cancer prevention for financial gain – like the Goldman Sachs of health care.” SOURCE: http://www.sltrib.com/D=g/ci_15089276

And the medical establishment cheerfully plays its part by almost totally ignoring the many breakthroughs (many in their “peer reviewed” medical literature) that have been made over the years in the successful treatment of many kinds of cancer. If you or a member of your family gets cancer (and nearly 50% of us will, during the course of our lifetime, alas), most oncologists, after all this research, and all these breakthroughs, will still recommend surgery, radiation or chemo “therapy”.

This, despite the fact that they have been proven time and time again, that for many types of cancer, these treatments are not effective.

In fact, more than 70% of all oncologists who were polled in a recent survey said that they would not have this standard “treatment” if they had cancer and would not recommend it to their family.

But they keep on recommending it to their patients. When that fails, as it almost inevitably does, that frequently fall back on the “experimental” drugs option.

When those fail, they blame the patient. “The patient failed the treatment,” they are often heard to say.

– Jonathan Eisen, Publisher

MORE: <http://world-wire.com/2011/10/21/corporate-sponsors-control-mammography-industry-warns-cancer-prevention-coalition/>



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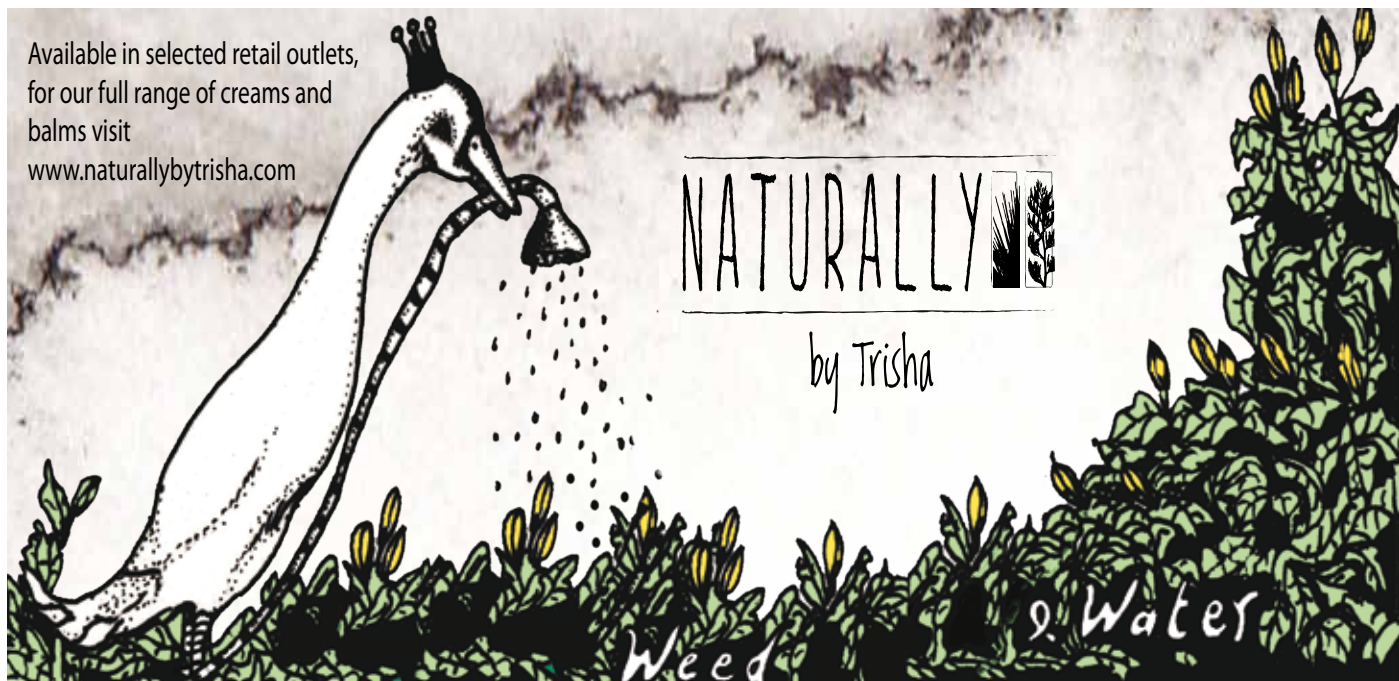
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Root Canals



To the Editors: Thank you so much for your article on the dangers of root canals. It has long been known that root canals can

lead to all sorts of health problems, including cancer, but this fact has been covered up by the dental profession for many years. I highly recommend *The Root Canal Coverup* by George E. Meinig, for your readers who may wish to pursue this sordid story further. – Kathryn Morris

(Ed Note: Please see the story on Weston Price by George Meinig in this issue.)

Dear Katherine,

I didn't realise I was pregnant when I had my first root canal done. It lasted for a few months and then became infected, so I had to have it re-done, even though I was worried about having it done during pregnancy.

Whilst I was pregnant I noticed a large lump in one breast: When I finally had it checked out I somehow was not surprised to find it was benign. (Having the mammography, needle biopsy and then core sample taken whilst heavily pregnant was a traumatic experience.)

I breastfed my beautiful baby for nearly two years and during all that time I still had this lump. The second root canal lasted for about two years before becoming infected again. I was so unhappy with the whole situation that I insisted the tooth be pulled out. Shortly after finishing breastfeeding, the lump went away and I wondered if it had something to do with the pregnancy.

A while later I read of the connection between root canals and illnesses such as breast cancer. This made me realise that the lump went away a few weeks after I had the molar removed and I wondered if my tooth problems had been the cause of the lump all along.

A few years after this I had that same, familiar, horrible feeling in another tooth and knew immediately that it was infected. This time, I went straight to the

health shop, the same day, and asked for some homeopathics to absorb (not expel) the infection. I also asked for something to purify my blood. The homeopathics started working within two days and for a few days I felt quite nauseous until the Red Clover took effect to help with detoxification. By the fourth day I had no pain. I also had kept my tooth! I was horrified to find out from your article just how damaging root canals can be...

Just as a footnote, my (unvaccinated) teenager is happy and healthy. I have also changed dentists. – Susan

Black Salve for Cancer

To the Editors: Thank you so much for publishing material on black salve! Your readers may wish to visit this site for more information. – Anon

<http://www.blacksalve.org.au/>

Ed note: *Black salve can cause severe inflammatory reactions around a tumour that can be alarming – and painful – as I know from personal experience. I would recommend that anyone interested in this treatment seek the advice of a health professional with experience in using black salve. (Issue 1 of this journal features an article about black salve.)*

Colloidal Silver

My family has been using CS for about 2 years now. We have had great results with CS. A few examples: My mother-in-law cured toe nail fungus, so did a friend of hers, cured eye infections, cured infected cuts and scrapes. It seems to be extremely effective when used topically.

I have also used it to cure sore throats. I work outside and would get a sore throat 4 to 5 times a year which needed antibiotics to clear up. But the antibiotics were hard on my digestive system. Since I found CS when I get a tickle in my throat I lay down and hold CS in the back of my throat for a couple a minutes 2 -3 times a day. In a day or two no more tickle, and no sore throat.

We have not had colds or flu in our house in over a year. At the first sign of a cold we increase our daily dose from 1/2 tsp once a day to 1/2 tsp 2-3 times a day. We may get some minor symptoms but never a full blown cold.

I have a friend who runs a day care in her home. She used to have problems with the kids sharing colds, runny noses etc.. Now she give each a few drops of CS in their mouths each day and no more runny noses. – Ron

74% Whooping Cough outbreak cases involve VACCINATED kids

Clearly, I'm not a doctor or any kind of medical professional, but I present to you this information so that you can make of it what you will and decide for yourself.

There is a whooping cough epidemic. It's the worst we've seen in 70 years.

Yes, we've covered this before, but the situation seems to be getting worse and there is NEW information to be presented.

74% of these case are in VACCINATED children and the trend appears to be following a specific vaccine push. Here are the details:

<http://www.brasschecktv.com/page/10874.html>

– Goodman Green

**MASSIVE HOMEOPATHIC OVERDOSE
LEAVES HUNDREDS OF SCIENTISTS
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**Act of Senseless Bravado
Leads to Horrifying
"Nanotragedy."**

SCIENTISTS IN MOURNING

**Flag at Royal Society Lowered
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(Special to the Dispatch.)—A massive homeopathic overdose planned as a publicity stunt proved infinitesimally fatal today, as hundreds of scientists found themselves dead to a certain immeasurably small degree.

"Part of me died yesterday," said Professor J. Dalton Quibble, a participant in the experiment. "A part that was so small the human mind cannot comprehend it!"

Professor J. Dalton Quibble searches unsuccessfully for a molecule of hepatica in a homeopathic remedy.

for the Western Pennsylvania Homeopathic Faculty who asked not to be identified. "This experiment is proof, if any were needed, that homeopathy works to an infinitesimal degree." She cited

Glaucoma Cure?

Hi, Katherine,

Thanks for your interest in wanting to know how I became glaucoma free. I think it was about 1985 that I was diagnosed as having glaucoma, and told by the eye specialist, that the disease is incurable. So, this meant starting on eye drops, which were very painful, with stinging to the eyes.

Some years later, after a lot of complaining, changed to a different drop, a lot less stinging, but still needed to pluck up the courage to put the drops in my eyes, as well as repeated eye check ups and enduring the dreaded Humphrey Field Test.

Over the years of using painful eye-drops, I kept thinking of how the basic eye-drops like VISINE and MURINE and a few of the prescribed Glaucoma drops, ended in INE and had heard a bit about UT, Urine Therapy.

I started reading up about UT, decided to bite the bullet and just give it a go.

Morning and night I would bath my eyes in my OWN fresh, undiluted midstream urine (using an eye glass. I would also gulp down a couple of mouthfuls.

After about six months of this and still using the glaucoma eye drops, went a different optometrist, who I had never been to before, for an eye test.

The result was, vision was about the same as before, but no mention of glaucoma, so then I told the optometrist that I did have glaucoma, so he reexamined my eyes and said “well there is absolutely no sign of any glaucoma now”.

One thing I know, is I would much rather put urine in my eyes than any of the eye medications I had to use.



This was over six years ago now, and have had several eye tests since for glasses and still no mention of glaucoma, as well over this time, my lost peripheral vision has returned, after an Eye Specialist, telling me any lost vision will never return.

Needed to go back to the eye specialist for drivers license eye test for glasses, he actually appeared to be disappointed I no longer had glaucoma, and was not the slightest bit interested in knowing how I cured my glaucoma. He just said, “strange things do happen sometimes”

Incidentally, I believe the reason that I developed glaucoma was due to medical treatment for another health problem.

A few months before I even knew what glaucoma was, I was having to visit the hospital renal clinic for kidney problems, a young doctor put me Prednisone tablets, saying they usually have pretty good results with them, gave me a prescription for fourteen tablets, and told me come back in three weeks, end of discussion.

After two sleepless nights, I rang the hospital for advice, and was told to take the next tablet 12 hours later and continue.

After taking the fourteen prescribed tablets, and thinking they were just antibiotics, I hit a BRICK WALL, literally hung out to dry.

My wife still says it was like living with bear with two sore heads. We now know Prednisone tablets are very addictive and one must be weaned off them very slowly, as the same doctor told me on my next visit. When he nearly fell off his chair when I told him what had happened, because I did just as I was told by the doctor.

They now have much stricter guidelines involving Prednisone.

The Glaucoma Foundation told me that Prednisone is a well known cause of Glaucoma. – Rod

Sunbathing protects you from pancreatic cancer

Dire warnings about excessive sun exposure have been overdone, causing a worrying deficiency in vitamin D in most adults. Now researchers have discovered that the sun's ultra-violet rays protect us against pancreatic cancer

People living in the sunniest parts of the world have a 24 per cent lower risk for the cancer, and those with lighter and sensitive skin – and were more affected by the sun's rays – had a 49 per cent decreased risk.

Paradoxically, skin cancer and lesions also have a protective effect on pancreatic cancer, and sufferers have a 40 per cent lower risk than those who are healthy.

Researchers from Queensland Institute of Medical Research in Australia monitored the health, skin type and sun exposure of 714 people living in the state and compared them to 709 others.



(Source: American Association for Cancer Research Pancreatic Cancer Conference, June 18-21).

Health Freedom News

By Katherine Smith



Health Freedom Issues in NZ

As of this writing (July 1) the Health Select Committee of the NZ Parliament is still considering the Natural Health Products Bill. The committee received --- submissions and listened to presentations from health professionals, members of the public and NZ natural health industry about the numerous faults with the bill.

The health select committee is due to report back on this issue on July 30. Please check into the site <http://www.health-freedom.co.nz/> and <http://www.naturalmedicine.net.nz/category/health-freedom-reports/> in early August for information on this issue.

Raw Milk

It appears that the Ministry of Primary Industries (the new government department formed from the merger of the Ministry of Agriculture and Forestry, the Ministry of Fisheries and the New Zealand Food Safety Authority) is still considering submissions on the raw milk issue.

Food Bill Update

The Food Bill is currently being reviewed and Green MP Steffan Browning has reported that some improvements have been made to the bill. <http://blog.greens.org.nz/2012/06/29/ge-in-the-food-bill/> However, Mr Browning notes that all mention of GE food has been removed from the Bill which is a deep concern, given that animals fed GE food have developed serious health problems. Thus GE food is potentially a very serious food safety risk.

Australian Health Freedom News

The Australian government and medical establishment are moving towards

making it more difficult for parents who choose not to vaccinate their children, or to vaccinate selectively, by linking vaccinations to some government benefits for parents such as the Maternity Immunisation Allowance. (See: <http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/related-payments>)

While there are provisions for parents to be able to get these payments if their child is not vaccinated, there are ominous signs that this is going to become more difficult as the Australian Medical Association has apparently advised doctors that they do not have to sign a "conscientious objector" form on at the request of a parent. <http://avn.org.au/2012/04/do-doctors-have-to-sign-conscientious-objector-forms/>

International Health Freedom News

US Health Freedom Activists Push Back FDA

The Alliance for Natural Health has reported that the FDA has agreed that a draft New Dietary Ingredients (NDI) guideline "requires substantial revision". As the original NDI guideline could have significantly impacted on the choice of supplements within the USA (and on the international market) the FDA's decision to review it is an important victory for health freedom. <http://www.anh-usa.org/breaking-news-we-win-major-concession-on-new-supplement-guidance/>

Freedom of Choice Under Relentless Attack By Vaccine Pushers

Parents in Vermont, USA have fought back against a proposal that would have prevented parents from gaining exemptions from school vaccination mandates on conscientious or philosophical grounds. The parents of seven

year old Kaylynne, a previously healthy child who died within 92 hours a routine influenza shot were added their voices to the call to oppose the bill. <http://www.nvic.org/NVIC-Vaccine-News/February-2012/Vermont-Parents-Fight-to-Save-Philosophical-Exempt.aspx>

However the pro-vaccine lobby has fought back and the philosophical exemption will only be maintained as long as Vermont maintains a 90% vaccination rate. Moreover, the bill requires parents who choose not to vaccinate "to review vaccine benefit information and sign a statement every year acknowledging that taking the exemption will pose a risk to the health of their child and society."

The National Vaccine Information Centre further reports that supporters of coercive vaccination policies bill added a "feasibility study" to the bill "to pave the way for teachers and all school personnel to be required to show proof they are up-to-date on all government recommended vaccines in order to stay employed."

<http://www.nvic.org/NVIC-Vaccine-News/May-2012/americans-fight-for-vaccine-choices.aspx>

In Ireland, a court has ordered a mother (who has custody of her young child) to vaccinate her son against her wishes. Clare O'Sullivan has reportedly gone into hiding with her son.

<http://www.ukcolumn.org/article/irish-court-rules-against-mothers-right-refuse-vaccination>

Editor's note:

Documents that I have obtained under the Official Information Act show that the NZ government is advancing its own coercive vaccination policy.

Please visit www.noforcedvaccines.org and sign up as a member if you would like updates on this issue.

Does the Australian Government Want to Make Real Living Zombies Out of the Next Generation?

By Catherine J. Frompovich

Medical professionals in Australia want your child drugged and fully vaccinated (vaccines are also drugs).

As if compulsory vaccinations were not sufficient for government officials seeking to try to keep younger generations from contracting various diseases, a new plan has reared its ridiculous head in Australia. It's the "Healthy Kids Check," starting July 1, 2012, that will evaluate children as young as three-year-old toddlers for early signs of mental illness. What?

According to Australian government officials, if a toddler sleeps with the light on, has temper tantrums, or is shy, [1] your little one may be experiencing lifestyle risk factors that probably will mandate their taking psychotropic drugs—that's in addition to all the vaccines that children are mandated to take in Australia.

Furthermore, pediatricians and family physicians will be required to ask parents questions about three-year-olds' eating and toilet habits, plus the child's behavior and mood. It seems as if a formula of chronic nosiness or intrusion on big brother's part is setting in for the total control of our lives starting with each new generation.

Here's the honest-to-goodness scary part, I think:

[Physicians] will most likely end up prescribing antipsychotic medicines to 3-year-old children who are not technically suffering from any formal mental illness, but are simply showing signs of normal behaviour [sic]. [1]

Does the Australian government want to make real living zombies out of the next generation? How can a three-year-old brain and body deal with all the neurotoxins from vaccines AND psychotropic drug chemicals that will be crossing the blood brain barrier? From what I know of body chemistry and pharmacology, Australia needs to get ready for a totally incapacitated and non-functional generation of children and adults. This is so patently ridiculous that it defies logic. But Australia

is not unique!

In the United States over 25 percent of children and teens are taking two prescription drugs [2] in addition to all the vaccinations that are mandated in the USA. Let's consider something those who should be considering apparently are not:

If governments truly are concerned about the health of toddlers, teens, and children in general, they ought to realize the health statistics they gather document that kids are getting more sick—especially with chronic diseases—than at any time in recorded history. I agree there are more children on the face of the earth, but if one takes into account demographics regarding diseases, one has to question what really is going on. It seems the more pharmaceutical toxins that are pumped into children starting as soon as they exit the womb, plus adults and senior citizens, the more statistical demographics indicate higher percentages of disease patterns. No kidding!

One such demographic is childhood cancers. Childhood cancers are becoming pandemic—a word health authorities seem to like but don't use in the proper context, in my opinion. Cancer is the leading cause of death in children in the USA. [3] You will note that their statistics cite 2005 data. It is now 2012. Where are the more current data?

What are the most common types of childhood cancer?

Among the 12 major types of childhood cancers, leukemias (blood cell cancers) and cancers of the brain and central nervous system account for more than half of the new cases. About one-third of childhood cancers are leukemias. The most common type of leukemia in children is acute lymphoblastic leukemia. The most common solid tumors are brain tumors (e.g., gliomas and medulloblastomas), with other solid tumors (e.g., neuroblastomas, Wilms tumors, and sarcomas such as rhabdomyosarcoma and osteosarcoma) being less common. [4]

Such proliferation of childhood cancers was neither apparent nor detected until the mandated vaccination policy went into effect—it's that plain and simple! Regard-

less of how much CDC and FDA want to say it's not the vaccines or vaccinations, it apparently is. That's due to all the neurotoxins, industrial-use chemicals, and other species DNA that are introduced into the human bloodstream that then cross the blood brain barrier that has to effect not only body chemistry but personality traits.

Demographically there is more mental illness, crime, and illegal drug dependency than probably is documented. If governments want to find out where it starts, I'd like to suggest they look within their mandates that have young children taking in totally hazardous chemicals that affect their brains.

It's probably a good thing that someone is looking for the cause of mental health problems in children. However, their research needs to be directed where they probably don't want to go: Big Pharma's neurotoxins that are mandated by law to be injected into infants, toddlers, children, and adults. Statistically, we never had Alzheimer's disease occurrences as we have now until the flu and pneumococcal vaccines were pushed on senior citizens.

It's the vaccines, Australia, not the kids!

Resource

[1] <http://www.theglobalistreport.com/healthy-kids-check/>

[2] <http://spyghana.com/health-news/health-news-health-news/overdosed-over-25-of-kids-on-prescription-drugs/>

[3] <http://www.cdc.gov/Features/ds-CancerInChildren/>

[4] http://www.cancer.gov/cancertopics/factsheet/Sites-Types/childhood_campaign=7a18abda0f-06_13_2012_zombie&utm_medium=email

SOURCE: http://vactruth.com/2012/06/13/make-real-living-zombies/?utm_source=The+Vaccine+Truth+Newsletter&utm_

Better Health on a Shoestring



Wheatgrass

Wheatgrass juice is a low cost way of supplementing your diet with additional vitamins and minerals as well as chlorophyll and health-giving enzymes. The amounts of nutrients in wheatgrass are lower than those in a multivitamin/mineral tablet, but wheatgrass seems to be living proof of the old adage that the whole is greater than the sum of its parts.

Wheatgrass has shown to have a therapeutic effect in ulcerative colitis in a small double blind study, with patients taking wheatgrass experiencing “significant reductions in the overall disease activity index (P = 0.031) and in the severity of rectal bleeding”. (See: <http://informahealthcare.com/doi/abs/10.1080/003655202317316088>)

According to Wikipedia, a study of children in India with thalassemia major found that wheatgrass juice reduced their need for blood transfusions. A study of women undergoing chemotherapy for breast cancer in Israel similarly found that wheatgrass juice reduced the need for medications to increase the red or white blood cell count. The effectiveness of chemotherapy was not altered by wheatgrass therapy.

Wheatgrass also contains abscissic acid, a plant growth regulator which was identified by Dr Livingston-Wheeler

as having the potential to neutralise the hormone hCG that she theorised helps to protect cancer cells from the immune system; she therefore advised her patients to consume wheatgrass juice. (At the time that Dr Livingston-Wheeler was working, wheatgrass and other vegetables were the only source of abscissic acid; it has since been synthesised and in 2006 an application for a patent was made for its use as a cancer treatment: See: <http://www.google.com/patents/US20060292215>)

(A good overview of Dr Livingston-Wheeler’s work may be read at this link: <http://www.rense.com/general72/cancer.htm>)

Growing wheatgrass is simple:

- 1) Soak organic wheat berries overnight in filtered, spring, or distilled water.
- 2) Drain and allow the seeds to sprout for about 12024 hours.
- 3) Spread sprouted seeds onto a layer of certified* organic compost in a seed tray or other container; in very hot weather you may want to cover the seeds with a thin layer of compost: however many growers don’t. (*Uncertified compost may contain sewerage sludge – often listed on packaging as “biosolids”)
- 4) Water as needed and allow to grow until about 8-10 cm high. (If growing

it outdoors it will need protection from sparrows – putting it inside a disused rabbit or guinea pig hutch works well.)

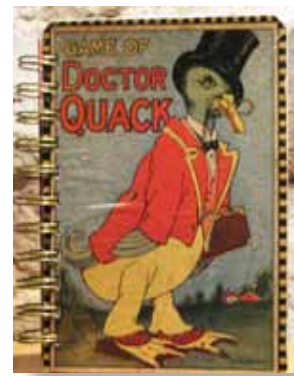
5) Harvest carefully by cutting about 1 cm from the base using sharp scissors and juice or (chew). (Wheatgrass juice is gluten free: there is no gluten in the actual grass but people with gluten sensitivity need to check the grass carefully to make sure there is no residual grain in it.) In hot weather, or if the seeds are planted too close together, wheatgrass may develop mould. Discard any pieces that have spots, or other obvious signs of mould.

Wheatgrass requires a juicer that has a grinding action, rather than a centrifugal action such as the juicers sold by Keith’s Wheatgrass or Tasman Trading Co.

If you have good teeth you may want to forego a juicer and simply chew the grass to extract the juice and spit out the indigestible pulp, (I do not recommend this if you have mercury amalgam fillings in your molars as the prolonged chewing will put stress on the fillings and result in the release of additional mercury.)

Wheatgrass is naturally quite sweet with a slight aniseed flavor. For some people it is an acquired taste and initially it is best taken highly diluted in spring water – try 5ml to a glass of water. It also mixes well into carrot juice, or carrot and beetroot juice.





Fukushima Update:

Dangerous Levels of Radiation Now in US

Right after Chernobyl blew its top, Edward Teller said on the (US) ABC Evening News in late April 1986, “The chances of a real calamity at a nuclear power station are infinitesimally small. But should it happen, the consequences are impossible to imagine.” The plume from the burning graphite at Chernobyl initially traveled in a northwest direction toward Sweden, Finland and Eastern Europe, exposing the public to levels up to 100 times the normal background radiation.

Hope Burwell wrote, “On my first trip to Chernobyl in November, 2000, I spent three days touring schools in Cherikov and the even more contaminated areas of the Mogilev district. Then we traveled to children’s hospitals in Minsk. What I saw there still shows up in nightmares: children with eyes in the sides of their heads, and children with no eyes at all, children with fingers that look like toes and children whose genitals are so poorly formed one can’t determine their sex. Those nightmares are audible with infant wails like the cries of wounded wild animals.”

In her widely read essay Burwell reported that 23% of Belarus was contaminated with Chernobyl’s fallout, 32,592 square miles, more land than six eastern states combined. The average level of contamination on the polluted territories, 37 curies (Ci) per square kilometer, is notated scientifically as 37Ci/km². The International Atomic Energy Agency (IAEA) set the “safe for residency limit” at a maximum of 5Ci/km². Eighty-eight percent of contaminated Belarus is 111-370 times more contaminated than that.

Western predictions of Chernobyl’s consequences were based on Hiroshima-Nagasaki data, and on the then-current belief that iodine-131 had a low car-

cinogenic potential. But within a year after the accident, Belarusian scientists reported an increase in a rare childhood thyroid cancer to 5,000 times its spontaneous occurrence in “clean” countries.

According to the 2000 report on Minsk’s United Nations Development Program (UNDP), life expectancy in Belarus in the 1960s was almost level with that in Western Europe. By 1999, 13 years after Chernobyl, it had fallen 12-14 years for men and 7-9 years for women. A baby boy born in rural Belarus today can expect to live 59 years.

But they may be very hard years. Nearly half of Belarusia’s teenagers have serious health problems. Of those graduating from high school, 45-47% have physical disorders like gastrointestinal anomalies, weakened hearts, and cataracts; 40% of them have chronic “blood disorders” and malfunctioning thyroids. The number of handicapped adolescents has tripled in the last decade.

It has always been known that ionizing radiation, in higher doses than background levels, can cause measurable increase in cancers and leukemias as well as cause genetic mutations that affect future generations. Whether they say it openly or not, this is what we are facing today in Japan, Hawaii, the continental United States, Canada and Europe, which have all received too much radiation from Fukushima.

No one wants to imagine the future and what will happen even if the situation does not get worse. Radiation is pouring out of Fukushima and that radiation is hitting the streets of Los Angeles quite hard. In April, 2012, environmental journalist and *LA Weekly* contributor Michael Collins, an independent who has tested over 1500 samples since the Fukushima earthquake of 2011, was shocked to find that radiation levels in the falling rain over Los Angeles measured five times above normal.

A March 6th test of a HEPA filter record-

ed radiation levels 668%

or 6.68 times the normal background radiation levels. This test took place 43 days after initial tests and shows a 130% increase since January 22, 2012. “The California Highway Patrol considers anything over three times background, 300% of background above, a trigger level to a hazardous materials situation,” reported the *EnviroReporter*.

Our last HEPA filter measurements January 22, produced some astonishing results. Doing a spot test on the Honeywell barrel-style filter and a Kenmore Plasmawave, we found radiation ~351% of normal background. The machines had been running for 42 days. The combined aggregate dust came in even hotter at 538% of normal background radiation at Radiation Station Santa Monica.

Now 43 days later the dust was a lot hotter. A spot test was ~377% of the previous background. Then we vacuumed out the filters with a HEPA filter Eureka vacuum cleaner and tested the aggregate. The March 6 test of the combined dust came in at a sizzling 668% of background or 6.68 times normal. Since the last testing period, the radiation detected has risen another 130% indicating a continued upward trend.

That radiation is rising in Los Angeles as it is in many places in the northern hemisphere. For some reality checking, we have the *New York Times* saying that, “The amount of radioactive materials released in the first days of the Fukushima nuclear disaster was almost two and a half times the initial estimate by Japanese safety regulators, the operator of the crippled plant said in a report released on May 24, 2012.

“The operator, the Tokyo Electric Power Company, said the meltdowns it believes took place at three reactors at the Fukushima Dai-ichi plant released about 900,000 terabecquerels of radioactive substances into the air during March 2011. The accident, which followed an

earthquake and a tsunami, occurred on March 11. The latest estimate was based on measurements suggesting the amount of iodine-131 released by the nuclear accident was much larger than previous estimates, the utility said in the report. Iodine-131 is a fast-decaying radioactive substance produced by fission that takes place inside a nuclear reactor. It has a half-life of eight days and can cause thyroid cancer.”

The newly released information just adds insult to injury to not only the Japanese but everyone on the west coast of North America, then onward across the plains to the east coast and then Europe. There are literally a billion people who have not been told the extent of the accident or the risks it posed directly for them.

A terabecquerel is a trillion becquerels, a commonly used measure of the radiation emitted by a radioactive material. So the *New York Times* is saying that early on 900,000,000,000,000 becquerels were released in the first 20 days of the nuclear disaster. Sounds like a lot but how much is that really? The becquerel is a useful measure of the amount of radiation emitted by a substance, but it tells us little about the effect of that radiation on our bodies.

Radiation can damage our bodies by breaking the chemical bonds in our cells. The amount of damage done depends on how much radiation we are exposed to. This in turn depends on how much radioactive material is present in our environment, our food and so on. So it is important to have some way to talk about amounts of radiation. This is what the unit becquerel is for.

“The greatest human experiment with radiation exposure is taking place in the Ukraine and Byelorussia, where much of the 50 million curies the Soviet govern-

ment says were released by the 1986 accident at Chernobyl is being felt... Chernobyl legacy could include hundreds of thousands of additional cancer deaths... Current estimates predict anything from 14,000 to 475,500 deaths worldwide from Chernobyl.” (A curie measures the intensity of radiation and is equal to 37 billion disintegrations per second. As a reference point, the Hiroshima and Nagasaki bombs released an estimated one million curies.)

If we translate what the *New York Times* is saying in terms of radiation released in the first 20 days, 900,000 terabecquerels translates into 27 million curies. It is over a year later and no one knows or is saying how much aggregate radiation has been released but we can imagine it’s a staggering amount.

One curie is the amount of radiation equal to the disintegration of 37 billion atoms – 37 billion becquerels – per second. It is a very large amount of radiation. We multiply these amounts (27 million curies times 37 billion radioactive atoms) and we are back to just a little more than our 900,000 terabecquerels... all the way up to 999,000,000,000,000 becquerels, which translates into 999,000,000,000,000 nuclear particles decaying in the first 20 days of the Fukushima nuclear nightmare.

TEPCO has reported on what happens when it opens doors in Fukushima. An estimated 1.6 billion becquerels of radioactive materials were released, compared with 500 million becquerels when the double doors of the building of reactor No. 1 were opened one day in May.

So let’s go back to Belarus where the average level of contamination on the polluted territories was 37Ci/km² and the maximum safe limit for residency is 5Ci/km². We had 27 million curies

released in the first 20 days and that would contaminate an area of approximately five million square kilometers if distributed equally. Of course that never happens as we can see in the fallout patterns surrounding Chernobyl. It can be assumed that the worst of the radiation was released in the first month with the complete meltdown of multiple reactor cores and the destruction and probably vaporization of spent-fuel rods.

Radioactive News

Health authorities continue to insist that there are no health risks involved, but *The Huffington Post* tells us that bluefin tuna caught in California last August showed radiation levels that were ten times the norm, according to a new paper from the Proceedings of the National Academy of Sciences journal. Scientists believe that the radiation – in the form of the isotopes caesium-137 and caesium-134 – came from the Fukushima Dai-ichi nuclear disaster that began in March of 2011.

In addition, radioactive debris is already being found on West Coast shores as far as Washington State and is expected to continue to be washed up in the next three years.

Dr. Mark Allan Sircus, Ac., OMD, DM (P) Director International Medical Veritas Association, Doctor of Oriental and Pastoral Medicine

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MEDICAL RADIATION “DRASTICALLY” INCREASING

Concern about medical imaging tests' (CT scans, X-rays, and more) reliance on radiation has been raised over the years as more and more studies have revealed excessive radiation exposure to be linked with an increased risk of various adverse health effects. New research from the University of California, San Francisco (UCSF) has found that imaging rates have increased drastically – about 10 percent per year – since 2004. Not only are the rates higher than ever, but the study found that patients are receiving relatively high doses of radiation due to repeat scanning.

SOURCE: <http://www.foxnews.com/health/2012/06/12/radiation-exposure-from-medical-imaging-dramatically-increasing-study-finds/>

Fukushima Reactor Now A Global Security Issue: Japanese Former Diplomat

June 7, 2012

Tokyo (PanOrient News) The Fukushima Daiichi Nuclear Plant Number 4 reactor presents a security problem for the entire world, Mitsuhei Murata, Japan's former ambassador to Switzerland said.



Fukushima Daiichi plants are “not under control at all... and the situation with nuclear reactors in Japan is like vehicles being driven without a license,” Mr. Murata told a news conference at the foreign correspondents' club of Japan on June 5.

Four nuclear plants in Fukushima Daiichi were damaged by last year's great earthquake and tsunami. Recently, people have expressed concerns about Unit 4's spent fuel pool which stores more than 1500 rods. The unit would be too fragile to withstand an M7-class earthquake.

The Japanese government also thinks that the Unit 4 problem is critical, and are planning to move many of the rods from the pool in 2013.

324 Civic organizations from all over the world have submitted a petition called “An Urgent Request for UN Intervention to Stabilize the Fukushima Unit 4 Spent Nuclear Fuel”, Mr. Murata said noting that those organizations are also demanding a moratorium on Japan's nuclear reactors. “This reflects a loss of confidence in the government and Tokyo Electric Power Company, TEPCO,” he said.

Expressing strong anxiety regarding Japan's nuclear policy, Murata revealed he had advised PM Yoshihiko Noda that the only way to restore honor for Japan and

himself as prime minister is to establish a national policy by August of non-dependence on nuclear energy.

Warning of the acute danger of Unit 4. at Fukushima Daiichi, Murata said that recent revised estimates by the Japanese government found that the probability of a 7.0 magnitude earthquake in Fukushima within the next three years is 90%. “But Unit 4 reactor, which was substantially damaged by the tsunami and subsequent explosion will not survive a 7.0 magnitude earthquake,” he said.

He pointed out “the nuclear village and nuclear dictatorship is exposed, and public opinion and their movements are strong.”

“Nuclear village” is a term for the Japanese distorted social structure in which the pronuclear politicians, scholars and companies have more power than those who are skeptical of nuclear energy. Anti-nuclear protests have been ignored for more than 40 years.

He concluded that “the lessons of Fukushima have reminded the whole world of the great principle for humanity. The possibility for unbearable consequences must be zero” and stressed the need for “the shift from priority of economy to priority toward life. The true cause for the present crisis is lack of ethics.”

Mr. Murata was Japan's ambassador to Switzerland from 1996 to 1999.

SOURCE: PanOrient News
<http://www.panorientnews.com/en/news.php?k=1784>
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Radioactive Tuna Found on US West Coast

May 28, 2012

“Across the vast Pacific, the mighty bluefin tuna carried radioactive contamination that leaked from Japan's crippled nuclear plant to the shores of the United States 6,000 miles away – the first time a huge migrating fish has been shown to carry radioactivity

such a distance. “We were frankly kind of startled,” said Nicholas Fisher, one of the researchers reporting the findings online Monday in the Proceedings of the National Academy of Sciences. The levels of radioactive cesium were 10 times higher than the amount measured in tuna off the California coast in previous years. But even so, that's still far below safe-to-eat limits set by the U.S. and Japanese governments...” [Note: these “safety” limits have been raised several times since Fukushima; there are NO safe levels of ionizing radiation!]

The radioactive toxins spewing from the ruins of the five reactors at Fukushima, Japan are truly “the game changer...” If you are concerned about health freedom and food freedom, please consider the significance of this data:

FUKUSHIMA: Pacific Ocean Will Not Dilute Dumped Radioactive Water According to Previously-Secret 1955 Government Report

<http://www.globalresearch.ca/index.php?context=va&aid=31200>

GM Crops Continue to Fail

May 30, 2012 - “Not only are we seeing rapid emergence of super-weeds resistant to glyphosate, courtesy of Roundup Ready crops, we now also have evidence of emerging Bt-resistant insects.” A new generation of insect larvae is eating the roots of genetically engineered corn intended to be resistant to such pests. The failure of Monsanto's genetically modified Bt corn could be the most serious threat ever to a genetically modified crop in the U.S.

<http://www.nationofchange.org/first-super-weeds-now-super-insects-thanks-monsanto-1338362046>



Homeopathic treatment slows progression of Alzheimer's disease

June 9, 2012

A huge leap in the natural treatment of Alzheimer's disease was recently reported at the Neuroscience Conference in Washington by the National Center for Homeopathy. Homeopathic manufacturer and research organization, Heel, presented studies on a multi-target, combination homeopathic medicine that has proven effective for both relieving symptoms of Alzheimer's disease and influencing the reduction of the formation of amyloid plaques in the brains of patients. In-vitro and in-vivo studies were conducted in France and Finland, and confirm that subjects had enhanced learning abilities, an increase in their ability to recognize objects, and improvement in memory performance after treatment.

Learn more: http://www.naturalnews.com/034416_Alzheimers_disease_homeopathic_remedies_treatment.html#ixzz1xJ4eo4EP

Use Vinegar To Kill Weeds Naturally And Give Monsanto's Roundup The Heave Ho

June 8, 2012

There's been lots written recently about the toxicity of Monsanto's poster child product Roundup, exposing how harmful it is for the earth and how poisonous it is on exposure for both animals and humans. However, what is not common knowledge to most organic gardeners and back yard enthusiasts is how they can manage weed control safely without the need for dangerous pesticides. Use vinegar to kill weeds naturally and safely, with no side effects to you or your pets. Killing weeds naturally with vinegar allows you to target exactly what weeds to eradicate, and it's cheap and easy to use.

Ed note: Vinegar can acidify the soil and may have a harmful effect on microorganisms in the soil so use sparingly.

Learn more: http://www.naturalnews.com/035750_weed_killer_vinegar_Roundup.html#ixzz1xDWY7gsI

Deceptive packaging!

Blueberries faked in cereals, muffins, bagels and other food products!

<http://tv.naturalnews.com/v.asp?v=7EC06D27B1A945BE85E7DA8483025962>

7 min, 21 sec.

Got a pustache? The truth about pus in pasteurised milk

<http://tv.naturalnews.com/v.asp?v=C463AA940B9AEBA5D294F87FF0716579>

4 min. 41 sec.

The Vitamin Water Deception - exposes truth behind this non-healthy beverage

<http://tv.naturalnews.com/v.asp?v=9D14AA3725876EF038F606C4819B3677>

5 min. 47 sec.

The Fluoride Deception exposes the truth about water fluoridation and the phosphate mining industry

<http://tv.naturalnews.com/v.asp?v=42652E035A1B1BAAAE1F340B54694975>

12 min. 58 sec.

25 amazing & disturbing facts about the hidden history of medicine

by S.D. Wells

<http://www.naturalnews.com/specialreports/25-Amazing-and-Disturbing-Facts-About-the-Hidden-History-of-Medicine.pdf>

SOURCE:

www.foodinvestigations.com

Bisphosphonate drug treatment for osteoporosis causes MORE bone fractures, not fewer

June 1, 2012

by J. D. Heyes

(NaturalNews) Natural medicine is, of course, much better for your overall health, but when you have to take something Big Pharma manufactures, you should at least be able to expect that it will do what it's supposed to do. Not so with bisphosphonates, drugs that are supposed to improve bone strength in patients at risk of or saddled with osteoporosis. They, instead, seem to worsen it.

According to new clinical research by Raphael P.H. Meier, MD, from University Hospitals of Geneva, and colleagues, of some 477 patients hospitalized at one center, 39 had atypical fracture of the femur (the long leg bones that attach to your hips) and 438 had common fractures. Among those with atypical fractures, a staggering 82.1 percent of them were undergoing bisphosphonate therapy compared with just 6.4 percent of those with common fractures.

FULL STORY HERE: http://www.naturalnews.com/036042_biphosphonate_osteoporosis_bone_fractures.html

Ed note: *A treatment option worth considering for osteoporosis is strontium and vitamin D. Undiagnosed coeliac disease can also cause osteoporosis.*

Eat a gluten-free diet for type 2 diabetes and coeliac disease

June 1, 2012

by Sarka-Jonae Miller

Learn more: http://www.naturalnews.com/036038_gluten-free_diet_celiac_disease.html#ixzz1xeNgOnKd

(NaturalNews) New research finds that almost one in four adolescents in the United States have diabetes or pre-diabetes, according to *The New York Times*. These are not children with juvenile diabetes but full-on type 2 diabetes. More than 25 million adults already have diabetes and 79 million may have prediabetes, yet few people consider a diabetes diet. There is a definite correlation between diet and diabetes symptoms. Studies suggest that eating a gluten-free diet without dairy could be good for diabetes and coeliac disease, a condition characterised by an allergy to gluten.

Diabetes and coeliac

The only treatment for coeliac disease is following a gluten-free diet. Gluten is a protein found in most grains, including wheat, barely and rye. Adopting a gluten-free diet relieves symptoms in people with coeliac and those who are sensitive to gluten, yet a study published in the journal *Diabetologia* reports that diabetics should consider a gluten-free diet too.

The study observed people with type 2 diabetes on the Paleo diet versus the

Mediterranean diet. The Paleo diet calls for no grains, no dairy, no salt. It recommends fruits, vegetables, nuts, seafood and lean meats. The diet is based on how early man ate and discourages any processed foods. The Mediterranean diet also allows fruits, vegetables, seafood and lean meats. The main difference is that the Mediterranean diet recommends unrefined grains, such as whole grain products. A little dairy is also acceptable on the diet.

The results of this study found that people on the Mediterranean diet had very little, if any, improvement in diabetes symptoms. The group who followed the Paleo diet experienced a reverse in diabetes symptoms, showing a clear correlation between a gluten-free diet and diabetes. The Mediterranean group experienced a 7 percent lower rise in glucose in response to carbohydrate intake whereas the Paleolithic group saw a 26 percent reduction. The group who ate the gluten-free diet Paleo diet had normal glucose levels at the conclusion of the study.

Learn more: http://www.naturalnews.com/036038_gluten-free_diet_celiac_disease.html#ixzz1xeNZu9Vb

Soldier acquitted in AIDS assault case after HIV tests shown to be completely bogus

June 1, 2012
by Ethan A. Huff

(NaturalNews) An Army sergeant who was falsely accused of being HIV positive, and who spent 240 days in pretrial custody as a result, has officially been acquitted of the charges levied against him. Thanks to the efforts of the Office of Medical and Scientific Justice (OMSJ), a private investigative agency that focuses on medical and scientific fraud, Sgt. "TD," who was arrested in 2011 for HIV-related criminal charges, has been vindicated of his HIV-positive status, which has also caused the legitimacy of HIV tests to once again be called into question.

A former girlfriend of Sgt. TD, as well as three other women, reportedly pressed charges against the man after several ELISA (enzyme-linked immunosorbent assay), Western Blot, and viral load tests

revealed that he was allegedly HIV-positive. Based on these tests and on affirmations by both a doctor's diagnosis and a soldier's signed confession, each of the women claimed that Sgt. TD exposed them to HIV without disclosing that he was infected, which is said to constitute aggravated assault.

Initially, it appeared as though Sgt. TD had no defense, and would have to potentially serve 37 years in federal prison for his alleged crime. But after Sgt. TD's attorneys asked OMSJ for help on the case, to which the group agreed, it was eventually shown that each of the HIV tests conducted, including Western Blot, the so-called "gold standard" of HIV tests, could not be relied upon for absolute accuracy in light of the numerous outside factors that may have tainted their results.

"The underlying diagnosis of being HIV-positive was unreliable, and the reason it was unreliable is because the tests used [...] the standard tests for claiming that someone is infected with HIV, if you really dissect them, they don't do that," said attorney David Steele Esq., who observed the trial and recently spoke about it with radio host Celia Farber and Dr. David Rasnick, Ph.D.

"There was a significant doubt whether or not TD was infected with HIV. He was totally healthy. This is a man with no symptoms. And if there was a doubt on whether he was infected with HIV, obviously he could not be convicted of transmitting that allegedly fatal virus to people." Learn more: http://www.naturalnews.com/036043_AIDS_assault_soldier_acquitted.html#ixzz1xeP0cvzg

Antioxidant reduces irritable behaviour in autistic children

The antioxidant supplement NAC (N-Acetylcysteine) lowers irritability in children with autism, and reduces their repetitive behavioural patterns. It seems to stop even extreme irritability, such as throwing, kicking and hitting.

The supplements were tested on 31 autistic children, and over the 12-week trial period, their irritability scores almost halved. Researchers from Stanford University School of Medicine, who carried out the study, are hoping that NAC could

be a safer and effective alternative to the antipsychotics currently given to reduce the worst behaviour of autistic children. (Source: *Biological Psychiatry*, 2012; 71: 956).

Ed note: *For more on this story please see page 22.*

IBS isn't 'in the mind' – it's caused by bacteria in the gut

Far from being 'all in the mind' as some doctors still insist, irritable bowel syndrome (IBS) is caused by bacterial overgrowth in the gut, researchers have confirmed this week.

It affects up to 60 per cent of IBS patients who regularly suffer from diarrhea, and in 30 per cent of patients overall.

The link is so clear, say researchers from Cedars-Sinai Medical Centre in Los Angeles, that a test for small intestinal bacterial overgrowth (SIBO) should be the first that doctors use for any patients they suspect has IBS.

Their research also changes the way IBS is treated. Up to now, those doctors who even believe that IBS is a real disease have tried to alleviate the symptoms, whereas rifaximin, a targeted antibiotic, could successfully treat it. (Source: *Digestive Diseases and Sciences*, 2012; doi: 10.1007/s10620-012-2197-1).

Body's own cannabis system may combat high blood pressure

October 21, 2004

Bethesda, MD: Endocannabinoids (naturally occurring chemicals in the body that mimic cannabinoids found in *Cannabis indica* and *sativa*) play a role in cardiovascular regulation in hypertension, and may offer "novel therapeutic strategies" in the treatment of high blood pressure, according to clinical findings published this month in the journal *Circulation*. Researchers from the National Institutes of Health (NIH) found that "endocannabinoids tonically suppress cardiac contractility in hypertension and ... can normalize blood pressure" in animals.

Previous research conducted in Britain on the endogenous cannabinoid anandamide found that it relaxed blood vessels, which can reduce blood pressure by allowing blood to flow more freely.

Screening a major cause of breast cancer, says US government agency

CT (computed tomography) scans are a major cause of the breast cancer they are supposed to detect, and women should avoid all 'just-in-case' and routine screening, a US government report has concluded.

Women should refuse to have any routine CT screening, say researchers from the University of California, at San Francisco (UCSF), who prepared their report on behalf of the US's Institute of Medicine.

Instead, women, and especially those over the age of 50 – the major target group for routine imaging screening – should ask doctors the following questions: Is this scan absolutely necessary?

Is it necessary to do it now? Are there other alternative tests? How can I be sure the test will be done in the safest way possible? Will having the scan results change the management of my disease (assuming the cancer is present)? Can I wait until after seeing a specialist before getting the scan? (Source: *Archives of Internal Medicine*, 2012; 1-5; doi: 10.1001/archinternmed.2012.2329).

One third of people diagnosed with asthma don't have the disease

Around a third of people who've been told they have asthma don't have the disease at all, while the majority of those with the condition don't need the medications they have been given.

And – in an epidemic of medical over-diagnosis – up to 80 per cent of people with normal cholesterol levels are being given powerful cholesterol-lowering drugs, say researchers from Bond University in Queensland, Australia.

Every year round \$200bn (£128bn) is being wasted on drugs and treatments for people that don't need them, they estimate.

Mass screening programmes and sensitive diagnostic techniques – coupled with a drug-reliant culture that constantly lowers the threshold on 'sickness' – are fuelling chronic over-diagnosis, and rather than healing the sick, modern medicine is more likely to harm the healthy.

(Source: *British Medical Journal*, 2012; e3502)

Increasing number of disabled Israeli children sue for not being aborted

November 10, 2011
by Christine Dhanagom
[LifeSiteNews.com](http://www.lifesitenews.com)

"Wrongful life" lawsuits, in which doctors are held liable for not discovering fetal abnormalities that might have prompted parents to abort their child, have become so common in Israel that the government has set up a committee to investigate the issue, *New Scientist* reports.

According to magazine, wrongful life claims are more prevalent in Israel where a higher rate of genetic disorders caused by consanguineous (connected by kinship) marriages has fueled a "pro-genetic testing culture." The county has seen an estimated 600 wrongful cases since the first in 1987.

While similar lawsuits in the United States and Canada are often brought by the parents of disabled children, it is common in Israel for the children themselves to demand compensation for the fact that they were not killed in-utero.

Asaf Posner, a medical malpractice lawyer who sits on the government's Matza committee which is charged with investigating the issue, has obtained judgments averaging around 4.5 million shekels (about \$1 million U.S. Dollars) for clients with spina bifida and cystic fibrosis.

Posner defends the lawsuits, arguing that the medical profession would "become corrupt" without criticism.

Rabbi Avraham Steinberg, a medical ethicist at Hebrew University-Hadassah Medical School in Jerusalem, disagrees. Steinberg has criticized the lawsuits as psychologically damaging.

"I find it very difficult to understand how parents can go on the witness stand and tell their children 'it would have been better for you not to have been born,'" said Steinberg, who also sits on the Matza committee.

Steinberg claims that some malpractice lawyers are travelling to small communities around the country where inbreeding is more common in search of potential clients. He also noted that the prevalence of such lawsuits has caused doctors to overstate the likelihood that an unborn child may have a disability, possibly driv-

ing an increase in the number of abortions.

"More testing means more false positives – and that means more abortions, because geneticists don't always know if results indicating the possibility of chromosomal abnormalities are meaningful. I'd like to see a study of aborted fetuses to see how many are diseased," he said.

SOURCE: <http://www.lifesitenews.com/news/wrongful-birth-increasing-number-of-disabled-israeli-children-sue-for-not-b>

Breaking new: Autism ruling hot off Italian judge's gavel

June 17, 2012
by Catherine J. Frompovich

What are the chances you will read this information about autism being caused by the MMR vaccine in an Italian youngster in the mainstream USA media, e.g., TV, newspapers, magazines, online? How about nil!

Reporter Sue Reid of the U.K. *Daily Mail* posted online June 16, 2012, an article detailing the outcome of the Valentino Bocco court case wherein Judge Lucio Ardigo adjudicated that Valentino's autism was caused by the MMR (measles, mumps and rubella) vaccine he received at nine months of age. [1]

I do not believe I can do Valentino's story the justice that both Judge Ardigo and Reporter Reid gave it, so I defer to them. Full story here:

<http://www.dailymail.co.uk/news/article-2160054/MMR-A-mothers-victory-The-vast-majority-doctors-say-link-triple-jab-autism-Italian-court-case-reignite-controversial-debate.html>.

Coincidentally, Valentino's decision reminds us of the Hannah Poling case in the USA wherein the vaccine court ruled the vaccine she received 'somehow' caused Hannah's autism. However, the U.S. vaccine court couldn't make up its mind about mitochondrial involvement.

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Scientists confirm bacteria are essential to proper immunity

March 25, 2012

By Anthony Gucciardi, NaturalSociety

Scientists are now confirming what many natural health advocates have been saying for years regarding the role bacteria play in the body. Bacteria, and exposure to bacteria on a daily basis, are essential to a proper immune system. With many parents ensuring that their children are virtually never exposed to enough bacteria through sanitizing everything they touch with triclosan-containing antibacterial wipes and gels, children worldwide are not being exposed to an adequate amount of immune-bolstering bacteria in the environment.

Adults are also being affected, as many individuals feel that virtually all germs or bacteria are bad and make a large effort to scrub them from their daily life. The new research, which simply enforces what has been known for centuries, shows that problems can arise when your exposure to germs is decreased. In fact, it could make you sick. The concept is referred to as the 'hygiene hypothesis', which essentially says that diseases affect more individuals in the modern world where hygiene and mobile sanitizers are king.

The new study comes from the Women's Hospital in Boston, and shows just how drastically bacteria exposure can affect the health of you and your entire family. Researchers examined two groups of mice with very different outcomes. The first group was exposed to a normal bacteria environment, while the second was completely germ-free. The scientists then compared the immune systems of both groups, finding evidence that powerfully demonstrates the importance of bacterial exposure.

Not only did the mice which were exposed to microbes have stronger immune systems than the germ-free mice, but the germ-free mice had significant inflammation in their lungs and colon – similar to asthma and ulcerative colitis in humans. One immune cell in particular, the invariant natural killer T cell, was particularly hyperactive as well.

"There is a very beneficial role for microbes in health," senior study author Dr.

Richard Blumberg said.

While it can be a challenge in modern society, it is important to allow yourself natural exposure to bacteria in the environment.

Something known as 'grounding' may be particularly beneficial. Grounding is simply the practice of coming into contact with the earth while barefoot, which has been shown by peer-reviewed research to help remedy a number of conditions. It is also highly important to consume an adequate amount of probiotics in food or supplement form, also known as the 'good bacteria'. Fermented food items such as sauerkraut, tempeh, miso or kefir are all rich sources of probiotic bacteria.

Read more: <http://naturalsociety.com/scientists-confirm-bacteria-is-essential-to-proper-immunity/#ixzz1xwYQV2iP>

Radiation exposure 'soaring' as medical imaging tests overused possibly due to 'financial incentives'

June 14, 2012

Anthony Gucciardi, NaturalSociety

Just after it was released that CT scan radiation actually triples the risk of brain tumor development in children, new research is now outing the fact that average radiation exposure from such medical imaging tests has skyrocketed over the past decade. And the result of this admittedly 'excessive radiation' is an increased risk of not only cancer, but other significant health conditions.

The University of California, San Francisco (UCSF) published the findings of the study in the *Journal of the American Medical Association (JAMA)*, which reveals just how serious the issue of radiation exposure is. Researchers write not only how the rates in which patients are scanned by the radiation-emitting machines are much higher, but there is also some concern over how many patients receive repeat scanning – ultimately leading to higher and higher doses of radiation. For those suffering from chronic issues that need consistent 'monitoring' from such devices, this could mean heavy radiation levels on a highly routine basis.

High radiation that is undoubtedly spiking cancer rates, as doctors are openly admitting – the same radiation that has been coming from Fukushima in amounts far exceeding original estimations and causing an 'unknown' number of cancer deaths. Dr. Rebecca Smith-Bindman, a professor of radiology and biomedical imaging at UCSF, explains just how dangerous radiation exposure is when it comes to the development of cancer:

"The studies are pretty clear – high exposure to radiation causes cancer."

Such is the case even for the common dental x-ray – the seemingly harmless imaging technique that is actually associated with a two-fold or higher increased risk of developing brain cancer. This particular research was very effective in measuring the true severity of repeat scans. While patients who received the bitewing x-rays (showing upper and lower back teeth) less than once per year were only 1.1 to 1.6 times more likely to develop brain cancer, more frequent runs proved to come with a hefty price. Those receiving frequent panoramic dental x-rays (an x-ray showing all of the teeth) upped their risk by 2.7 or 3.0 times – much greater than those receiving bitewing tests less frequently. What's more, the risk increased to 4.9 times if the patient was below the age of 10.

So why the increase in medical imaging tests? The study boldly set out to examine the incentives for the spike, even examining financial factors that could play a role. Even more boldly, they reached the conclusion that financial interests were indeed one main driving factor. A sad truth considering the fact that these financial incentives are contributing to the epidemic of cancer – particularly among young children. Smith-Bindman reports:

"One of the thoughts for the change in the rise of imaging is a change in the incentives... It suggests that financial factors may play a role, but there are other factors as well."

Read more: <http://naturalsociety.com/radiation-exposure-soaring-as-medical-imaging-tests-overused/#ixzz1xwZgncDQ>